



Treating trauma through Shakespeare and Science.

This is what DE-CRUIT looks like. Veterans coming together, organizations collaborating, people healing through Shakespeare and science.

Over the last seven weeks Dawn and I have driven over 4,000 miles in our DE-CRUIT mobile (#VanLife) conducting four DE-CRUIT I courses (24 hours of DE-CRUIT training delivered over seven weeks) in three separate cities to more than 30 Veterans who also agreed to be scientifically evaluated while doing the work. We performed and held DeCruit workshops in Alaska and so much more...

And Check out our latest article in *Drama Therapy Review* (4.2)

<https://www.intellectbooks.co.uk/journals/view-issue.id=3628/>

Intersecting modes of aesthetic distance and mimetic induction in therapeutic process: Examining a drama-based treatment for military-related traumatic stress.

Authors: [Alisha Ali](#) And [Stephan Wolfert](#) And [Ingrid Lam](#) And [Tazmin Rahman](#)

THANK YOU DONORS!

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And previous donors from earlier in the year:

Kathleen Schmal, Ted Royer, Kent Harber, Stephanie McGuire, Karin & Al Lemke, David Shaw, Jerod Lazan, Laura Caparrotti,

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DE-CRUIT graduates, this past Tuesday in Bethlehem, PA with the Veterans from Women Veterans Empowered & Thriving

From left to right: Dawn Stern, Corinna Brown, Jenny Pacanowski (Founder of WVET), Sharon Wallace, Cari Rowan, Rosa Emma Figueroa, Stephan Wolfert.



DE-CRUIT graduates from Saratoga County Veterans Center's Peer Mentoring Program

Back Row from left to right: Nick Casey, John Loatman, Scott Sheerer, Christina Holst, Misty Straus, Sam Bass, Fabio Ritmo, Katie Marchaland, Ray Pillow

Front Row from left to right: Patricia Desiato, Mary Anna Donato, Tamir, Linda Yborra,

Front & Center: Fred the service dog.



DE-CRUIT graduates this past Friday at Samaritan Village in NYC's midtown Manhattan.
From left to right: Stephan Wolfert, Gary Roberts, Gerard Price, Alonzo Harris, Robert McDougald, Andrew Dunbar Jr.,
Brendan Littlefair



DE-CRUIT graduates, this past Saturday at NYU's CREATE lab

From left to right: Craig Manbauman, Halim Nurdin, Frank Lesnfsky, Rerick Palmer, Donna Zephrine, Emanuel Duvivier, Stephan Wolfert, Stacey Bell, Nick Addeo.

Photo by Ashley Garrett



DE-CRUIT

Over the last seven weeks Dawn and I have driven over 4,000 miles in our DE-CRUIT mobile (our #VanLife) conducting DE-CRUIT I courses (a seven week treatment course) in four separate locations in three cities to more than 30 Veterans AND conducted research/scientific evaluation.

What did we accomplish?

- Raised over \$5,000 for Veteran Stipends (via our GoFundMe Campaign, and on our website)
- Paid over 30 Veterans stipends ranging from \$150-\$200 for their participation in the scientific study portion of DE-CRUIT
- DE-CRUIT-ed over 30 Veterans in four separate locations in three different cities
- Gathered scientific evaluations of our latest 7-week course (electroencephalograms, heart rate variability and self-disclosure surveys)
- Completed a research study for the NEA and NEH
- Established partnerships with, and installed the framework for ongoing DE-CRUIT training for:
 - Women Veterans Empowered & Thriving in Bethlehem, PA
 - Saratoga County Veterans Agency's Peer Mentoring Program in Ballston Spa, NY
 - Samaritan Daytop Village, New York City, NY
 - NYU's CREATE lab, New York City, NY
- Maintained a drop-out rate of less than 3%

What's next?

- Establish a DE-CRUIT Pilot at Riker's Island prison's for the guards and inmates on a Veteran-only cell block
- Prepare for a DE-CRUIT residency in Fairbanks, Alaska (the highest Vet population per capita) to
- Complete a Foundation Grant for a residency in Fort Worth, Texas with Amphibian Stage Productions
- Doctors Ali and Homer will Evaluate the data and write more scientific journals on our findings.
- Prepare for Keynote speeches in 2019, including: Bessel van der Kolk's International Trauma Conference, his online course and more...
- Develop online content (bank of videos) and live streaming classes



CRY HAVOC!

Traveled to the traditional lands of the Lower Tanana Dene Athabaskan... aka Fairbanks Alaska (through Fairbanks Concert Association) and to Fort Greeley perform and conduct DE-CRUIT workshops for service members, Veterans, family and community.

UP NEXT:

- Washington, D.C. for the ISTSS 34th Annual Meeting: *Promoting Societal Change: Integrating Traumatic Stress Research, Practice and Policy for Vulnerable Populations?*
- Vintage Theater
- UW-Parkside
- Norwich University

AND IN 2019:

- Prague—for the Shakespeare Theater Association and Prague Shakespeare
- Italy
- *She-Wolf of France*. Our newest production about Shakespeare's Margaret of Anjou (a Woman Veteran) will be developed at Shakespeare on the Saskatchewan (staged reading), and produced at Amphibian Stage Productions in Fort Worth, TX (fully staged production); as well as Fairbanks, Alaska (Concert Series tour).

**Donate to our
GoFundMe
Campaign Now**

**Or Donate on our
website**

