
Free DE-CRUIT Weekly Classes for Veterans in NYC and Fort Worth, TX



Treating trauma through Shakespeare and Science.

Free ongoing classes,

**oriented towards using
theater as medicine, every
Monday night, exclusively for
military Veterans.**

NYC classes begin Feb 11th. 6:30-9:30pm. [196 Mercer street, 8th Floor.](#)

(NYU's CREATE Lab)

Forth Worth, TX classes are ongoing at Amphibian Stage Productions. 6-9pm.

Fairbanks Alaska begin this late this summer.



NYC CLASSES: We are fortunate and honored to have master teachers us for limited amounts of time. Master teachers who are confirmed are:

Dave Demke, Master Teacher of the Linklater Technique. The military uses our breath (and voice) to train us for military service. And I have found the Linklater Technique (breath and voice training) has been one of the most useful tools in DE-CRUITing. Linklater training is beneficial for both the professional actor, the Veteran looking for help in understanding their transition from service, and survivors of trauma looking to reclaim their breath's response to stress.

Jessica Frey, Master Teacher in Improv. Improvisation is essential in both healing trauma and transitioning military Veterans: Improvisation demands, similar to the military, that we make a decision under stress. Improv "feels" like a life-or-death decision; but it isn't. Improv is one of the highest levels of play. However, for those of us who've experienced trauma (whether as an adult or as a child), our sense of "play" is severely diminished. Therefore, in my opinion, improvisation is one of the greatest challenges, and one of the most useful tools for: Veterans, people healing from trauma and actors.

FORT WORTH, TX

Please join our already ongoing classes taking place at <https://www.amphibianstage.com/> every Monday Night. Whether it's Shakespeare or classes in the Fitzmaurice Voicework, we have classes free for military Veterans every Monday night from 6-9pm CST. Military Veteran Robin Ludwig and Artistic Director Kathleen Culebro host these valuable ongoing classes each week.





Also, Amphibian Stage Productions and I received an award-grant from Dramatist Guild Foundation!

Thanks to the Herculean efforts of Artistic Director Kathleen Culebro we received a Writer's Alliance Award from the Dramatist Guild Foundation. It's a tremendous honor, some well-timed publicity as well as some funding to go towards our latest production called SHE-WOLF (using Shakespeare's text to tell the story of Margaret of Anjou and starring our very own, Dawn Stern).

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You are receiving this because you have shown an interest in the work of military Veteran Stephan Wolfert, his show CRY HAVOC! and/or his DE-CRUIT program.

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DE-CRUIT

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